



Menu Subject to Change

JANUARY 2021

7th-8th Lunch Menu

Free Breakfast and Lunch to all enrolled students

Lunch Prices
Free
Milk \$.40
Adult \$4.00

Monday

Tuesday

Wednesday

Thursday

Friday

Virtual Monday

4

Chicken Nuggets
Baked Beans
Potato Wedges
Whole Fresh Apple
Milk
Ketchup

Cougar Burger

5

Tater Tots
Fruit Cocktail
Pickles
Ketchup
Mustard
Milk

Birthday Bash Lunch

6

Pancakes
Egg Patty
Sausage Patty
Green Beans
Fruit Juice
Milk
Syrup

Macaroni & Cheese

7

Popcorn chicken
Broccoli
Pears
Milk

Cheese Rippers

8

Baby Carrots
Peaches
Milk
Ranch

Virtual Monday

11

Ham & Cheese Hot Pocket
Baby Carrots
Whole Fresh Apple
Juice box
Milk
Ranch]

Nacho's

12

Refried Beans
Broccoli
Fruit Cocktail
Milk

Chicken Strips

13

Baked Fries
Celery Sticks
Applesauce
Milk

Corn Dog

14

Baked Beans
Pears
Milk
Mustard
Ketchup

Cheese Stuffed Breadsticks

15

w/dipping sauce
Peaches
Green Salad
Churro
Milk
Ranch

No Instruction
No Meals

18

Cheese Quesadilla

19

Green Beans
Refried Beans
Banana
Milk
Ranch

Mashed Potato Bowl

20

Roll
Corn
Applesauce
Milk

Mandarin Chicken

21

Brown Rice
Broccoli
Mandarin Oranges
Milk]

Pepperoni Pizza

22

Baby Carrots
Peaches
Milk
Ranch

Virtual Monday

25

Tomato Soup
Grilled Cheese
Green Salad
Juice
Fresh Whole Apple
Milk

Walking Taco

26

Yogurt Cup
Corn
Fruit Cocktail
Milk

Spicy Chicken Burger

27

Broccoli
Applesauce
Milk
Mayo

Crispito, Chicken & Cheese

28

Refried Beans
Yogurt Cup
Pears
Rice Krispy Treat
Milk

Bean and Cheese Burrito

29

Carrots
Peaches
Milk

If you have any questions please call Lori Orme at 208-522-4432 ext 111 or email ormelo@wpcscougars.org

Child Nutrition Director

Keep being amazing!

This institution is an equal opportunity provider



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